

St. Luke's & St. John's

Praising God in Devon

Dearest friends,

On Monday I travelled to London to teach ordinands (people training for the Priesthood) about Catholic Spirituality.

I always love teaching this course and I enjoy the reaction to the discovery that whilst Faith is our search for understanding and our relationship with God - Spirituality is the HOW we walk on that journey.

Both of our churches enjoy incense, candles, bells, vestments, and other things that lift our experience in worship to be as close to heaven as we can manage on earth (as my Training Incumbent used to say, there are two smells in the after life - sulphur and incense - choose now!)

For others it will be the opening up of scripture in as much detail and depth as possible, or the emotional high of singing with a loud worship band.

For others still it will be the quiet of nature and the sweeping majestic views of God's creation.

There are as many spiritualities as there are people and how

we interact with each other, and how we engage with others spiritualities says a great deal about our faith.

If our faith is shallow we'll connect with the *things* of our spirituality. Are the candles in the right place? Are the altar cloths the right length? Is that screen big enough for people to read and sing with the worship band? Is that the right cable for the super laser show we've got planned for the Eucharist?

If we only connect with the *things* we forget the *spirit*. Our faith and our spirituality go hand in hand and when we over-focus on the how we lose the depth of the journey towards God; when we judge other people's faith through their spirituality we lose focus on our own.

Jesus repeatedly calls out those who focus on the law (the how) over their faith (the spirit).

St. Paul takes things even further and when the poor people in Galatia get overly focused on the Law he starts his letter to them by asking if they are mad?

"Are you people in Galatia mad? Has someone put a spell on you," (Gal. 3:1)

In all things we are given the Grace of God to engage with charity. That Grace enables us to see past the *things* and to the heart of our own faith and to the heart of faith in others. Grace needs exercising, the more we use it, the easier it gets.

This week, go out and practice the Grace that God has given you and see if you can see the Holy Spirit at work in those you disagree with.

Fr. Matthew

Notices

The Rev'd Dr. Chris Moore
On the 1st December we'll be joined by the Rev'd Dr. Chris Moore for an afternoon lecture on the Gospel of Mark. A time travellers guide to Mark will really open up the gospel in a new light. Refreshments will be served. 3pm, St. Luke's.

Holy Habits

Starts on the 7th November and runs for 4 weeks. It focus on habits that help us deepen our relationship with God. Sign up on the website or let me know you're coming in person.

Today

Sunday 13th October

28th Sunday in Ordinary Time.

9:15am - Sung Parish Mass, St. John's

11am - Sung Parish Mass, St. Luke's

Divine Office Psalter Week 4, Trinity 20, Proper 23

October

19th - Table Top Sale [SJ] 10am-12pm

19th - Bay Brass Concert [SL] 7:30pm

20th - St. Luke's Patronal Festival & Parish Lunch

November

7th, 14th, 21st, 28th – Holy Habits [SL] 7pm

10th - Remembrance Service [SL & SJ] 10:45am
Parish Lunch [SL]

16th - Table Top Sale [SJ] 10am-12pm

20th - Social Committee Meeting [SL] 6:30pm

30th - Advent Carols [SJ] 6pm

December

1st - A Time Travellers Guide to Mark [SL] 3pm

7th - Christmas Fayre [SL]

8th - Mayor's Civic Service [SL] 3pm

11th - Over 60s Christmas Concert [SJ] 2pm

15th - December Parish Lunch [SL]

19th - Cantemos Carol Concert [SJ] 7pm

22nd - Christmas Carols [SL] 4m

Nine Lessons and Carols [SJ] 7pm

24th - Live Nativity [SL] 4pm

1st Mass of Christmas [SJ] 8pm

Midnight Mass [SL] 11:30pm

25th - Christmas Day Mass [SL & SJ] 10am

29th - Joint Mass at St. John's 10am with dedication of Holy Family Chapel

Christingle Services at both churches TBC

Father Matthew Cashmore

father@slsj.co.uk

07555 924862

Churchwardens

[SJ] Mark Richards (01626) 830063

[SL] Mr Robert (Bob) Julian 07487 653854

[SL] Mr Michael (Mick) Regan (01626) 366559

Associate Clergy

Fr Christopher Robins, Fr Robin Eastoe SSC

Fr Alan White and Deacon David Rogers

Licensed Lay Minister: Mr Graham Whittle

(01626) 212339

The week ahead:

Monday 14th October

Monday of the 28th week in Ordinary Time

[prayers offered at home, Fr. Matthew's rest day]

Prayer focus: Our Clergy

Tuesday 15th October

St. Teresa of Ávila

9:30am - Morning Prayer [SJ]

10am - Mass [SJ] Followed by Coffee & Cake.

11am - 2pm - Fr. Matthew drop in @ Parish Office

Prayer focus: The Parish of St. Luke's

Wednesday 16th October

Wednesday of the 28th week in Ordinary Time

10am - Said Mass [SL] Followed by Coffee & Cake.

Prayer focus: The Parish of St. John's

Thursday 17th October

St. Ignatius of Antioch

9:30am - Morning Prayer [SJ]

10am - Mass for the Dead [SJ]

Prayer focus: Persecuted Christians

Friday 18th October

Friday of the 28th week in Ordinary Time

[Prayers offered at home]

Prayer focus: The Society of St. Wilfrid & St. Hilda

Saturday 19th October

Saturday memorial of the BVM

[Prayers offered at home]

Prayer focus: +Paul

Sunday 20th October

St. Luke (transferred).

9:15am - Sung Parish Mass, St. John's

11am - Sung Patronal Mass, St. Luke's

4pm - Evening Prayer at St. John's

Divine Office Psalter Week 1, Trinity 21, Proper 24

Please pray for:

Viv and Linda, Rosemary, Diana, Phil and Jean, Alan, Sophie, Bill, Marilyn, Roy, Anne-Marie, Mandy, Simon, Liz, Melville and Jean, David, Hannah, Kathryn, Bob, Edna.

...and the souls of:

Russell Bennett, Joan, Michael, Ellen Case, Hubert Pocock, Richard Underhay, Irene Ellis, William Loud, Malcolm Scott, Edwin Potter, Leta Lamerton, William Woolway, Edith Valentine, Reginald Woolway, Eric Webber, Sheila Charlton, Ellen Stonelake, Tony Lavers.