

# THE MOST HOLY TRINITY

## ENTRANCE ANTIPHON

Blest be God the Father,  
and the Only Begotten Son  
of God, and also the Holy  
Spirit, for he has shown us  
his merciful love.

## COLLECT

God our Father, who by  
sending into the world  
the Word of truth and the  
Spirit of sanctification  
made known to the human  
race your wondrous mystery,  
grant us, we pray, that in  
professing the true faith,  
we may acknowledge the  
Trinity of eternal glory  
and adore your Unity,  
powerful in majesty.  
Through our Lord Jesus  
Christ, your Son,  
who lives and reigns with  
you in the unity of the Holy  
Spirit, One God, for ever  
and ever. **Amen.**

## FIRST READING

*Proverbs 8:22-31*

Thus says the Wisdom of  
God: The Lord possessed  
me at the beginning of his  
work, the first of his acts of  
old. Ages ago I was set up, at  
the first, before the  
beginning of the earth.  
When there were no depths  
I was brought forth, when  
there were no springs  
abounding with water.  
Before the mountains had

been shaped, before the  
hills, I was brought forth,  
before he had made the  
earth with its fields, or the  
first of the dust of the  
world. When he established  
the heavens, I was there;  
when he drew a circle on the  
face of the deep, when he  
made firm the skies above,  
when he established the  
fountains of the deep, when  
he assigned to the sea its  
limit, so that the waters  
might not transgress his  
command, when he marked  
out the foundations of the  
earth, then I was beside  
him, like a master workman,  
and I was daily his delight,  
rejoicing before him always,  
rejoicing in his inhabited  
world and delighting in the  
children of man.

## PSALM

*PPs 8:4-5. 6-7. 8-9. R 2a*

**R O Lord, our Lord,  
how majestic is your  
name through all the  
earth!**

When I see the heavens, the  
work of your fingers,  
the moon and the stars  
which you arranged,  
what is man that you should  
keep him in mind,  
the son of man that you  
care for him?

**R O Lord, our Lord,  
how majestic is your  
name through all the  
earth!**

Yet you have made him little  
lower than the angels;  
with glory and honour you  
crowned him, gave him  
power over the works of  
your hands: you put all  
things under his feet.

**R O Lord, our Lord,  
how majestic is your  
name through all the  
earth!**

All of them, sheep and  
oxen, yes, even the cattle of  
the fields, birds of the air,  
and fish of the sea that  
make their way through the  
waters.

**R O Lord, our Lord,  
how majestic is your  
name through all the  
earth!**

## SECOND READING

*Romans 5:1-5*

Brothers and Sisters: Since  
we have been justified by  
faith, we have peace with  
God through our Lord Jesus  
Christ. Through him we  
have also obtained access by  
faith into this grace in which  
we stand, and we rejoice in  
hope of the glory of God.

Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

### GOSPEL ACCLAMATION

**Alleluia, alleluia...**

Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is and who was and who is to come. **Alleluia...**

### GOSPEL

*John 16:12-15*

At that time: Jesus said to his disciples, 'I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come. He will glorify me, for he will take what is mine and declare it to you. All that the Father has is mine; therefore I said that he will take what is mine and declare it to you.'

The word of the Lord.  
**Thanks be to God.**

### PRAYER OVER THE OFFERINGS

Sanctify by the invocation of your name, we pray, O Lord our God, this oblation of our service, and by it make of us an eternal offering to you. Through Christ our Lord. **Amen**

### COMMUNION ANTIPHON

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

### PRAYER AFTER COMMUNION

May receiving this Sacrament, O Lord our God, bring us health of body and soul, as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord. **Amen.**

### REFLECTION

"All the Catholic interpreters of the divine books of the Old and New Testaments whom I have been able to read, who wrote before me about the Trinity, which is God, intended to teach in accord with the Scriptures that the Father and the Son and the Holy Spirit are of one and the same substance constituting a divine unity with an inseparable equality;

and therefore there are not three gods but one God, although the Father begot the Son, and therefore he who is the Son is not the Father; and the Holy Spirit is neither the Father nor the Son but only the Spirit of the Father and of the Son, himself, too, coequal to the Father and to the Son and belonging to the unity of the Trinity"

*Augustine  
The Trinity 1:4:7 [A.D. 408].*

"For it is the Trinity alone which exceeds every sense in which not only temporal but even eternal may be understood. It is all other things, indeed, which are outside the Trinity, which are to be measured by time and ages"

*Origen  
The Fundamental Doctrines  
4:4:1 [A.D. 225].*

