

# St. Luke's & St. John's

## Proclaiming Christ in Devon

Dearest friends,

Jesus calls Himself the Bread of Life, the one who nourishes our hearts, minds, and souls with His very self. In these busy and often challenging days, it can be easy to come to Mass out of habit. But what if our faith could be renewed, refreshed, and rooted more deeply in the loving mystery we celebrate each week?

I'd like to invite you to consider signing up for the Bread of Life course, a rich and prayerful journey through the heart of our Christian faith.

This six-module course helps us explore the Eucharist as the central sacrament of our life together, to encounter Scripture with new eyes, to deepen our prayer, and to understand more fully what it means to live as the Body of Christ in the world today.

Created with care and supported by resources from across the Church, Bread of Life includes videos, reflections, and an accompanying Guest Book that will guide your personal and communal reflection.

It uses the Eucharist to build a working model of day-to-day Christian living - it is simultaneously a great place to start if you're wondering what it means to be a Christian, and a wonderful place to visit if you're a mature Christian who is wondering where Jesus may be calling you next.

It's a course designed to encourage, build up, deepen, and inspire you as you walk with Jesus in 2026.

Please sign up via

[www.slsj.co.uk/bread](http://www.slsj.co.uk/bread)

In love,

Fr. Matthew

### Notices

#### Dates for next year

I'm starting to populate dates for the coming year, you'll see I've added some longer-term dates for the Oswestry events - the pilgrimage, the Chrism Mass, and the Regional Festival - do pop them in your diary now.

**History of the Anglo-Catholic Movement, Talk in Exeter.**  
The Devonshire Association History Section is delighted that Father Matthew is to give a talk at our AGM on 'The Anglo-Catholic Movement in England and how Devon plays a distinctive role'.

This is to take place on Monday 26 January at the MINT Methodist Church



Centre, Fore Street, Exeter starting at 2 pm.

The Committee extends a very warm invitation to anyone who wishes to attend. Entrance is free for members and £5 for non-members of the Association and the AGM business will be short. Father Matthew's talk will be followed by tea and biscuits and the event will finish about 4 pm. More information about the Association can be found on our website: [www.devonassoc.org.uk](http://www.devonassoc.org.uk)

### Lent Course

Our Lent Course this year will be "Bread of Life" - a six-week look at the Eucharist and why it forms the model of a good Christian Life. It's great if you want to know WHY we do certain things at mass, and WHY they are important to your life everyday, not just Sundays.  
Starts 19th February, 2026

### Planning Meeting

TONIGHT!

Thursday 15th at St. Luke's in Milber.

Please make every effort to attend. 7pm

## Today

### Sunday 18th January

#### 2nd Sunday in Ordinary Time

9am - BCP Parish Mass [SJ]

11:15am - Sung Parish Mass [SL]

4pm - Evensong [SJ]

Psalter Week 2, A(II), Epiphany 2

### Upcoming Dates

#### January

15th - Joint Planning Meeting for Spring & Easter, 7pm [SL]

17th - Table Top Sale [WH]

24th - Rosary Group, 10am [SL]

26th - History of the Anglo Catholics Talk, 2pm (Exeter)

#### Further Ahead

19/2 - Lent Course Starts, 6 weeks, 7pm [WH]

26/3 - Oswestry Chrism Mass, Exeter Cathedral

25/4 - Oswestry Regional Festival, Truro Cathedral

5/9 - Glastonbury Pilgrimage

Table Top Sale at Wickham Hall every 3rd Saturday at 10am.

St. Luke's Women's Group meets first Wednesday of every month.

[SJ] St. John's | [SL] St. Luke's | [WH] Wickham Hall

[SC] St. Catherine's School

## The week ahead:

### Monday 19th January

Monday of Week 2 in Ordinary Time

[prayers offered at home]

Prayer focus: The homeless

### Tuesday 20th January

Tuesday of Week 2 in Ordinary Time

9:15am - Morning Prayer [SJ]

10am - Said Mass [SJ]

Prayer focus: St. Luke's

### Wednesday 21st January

Saint Agnes, Virgin, Martyr

10am - Said Mass [SL]

Prayer focus: St. John's

### Thursday 22nd January

Thursday of Week 2 in Ordinary Time

10am - Mass of the Dead [SJ]

Prayer focus: St. Catherine's School

### Friday 23rd January

Friday of Week 2 in Ordinary Time

[prayers offered at home]

Prayer focus: Stover School

### Saturday 24th January

Saint Francis de Sales, Bishop, Doctor

10am - Rosary Group [SL]

Prayer focus: Haytor View School

### Sunday 25th January

#### 3rd Sunday in Ordinary Time

9am - Sung Parish Mass [SJ]

11:15am - Sung Parish Mass [SL]

Psalter Week 3, A(II), Epiphany 3

## Please pray for:

LT Oliver Pelendrides, Mark, Vicky Pearce, Viv & Lyn, Rosemary and all those who have asked for our prayers.

## Pray for the souls of:

Fr. Ivor Halliwell and the souls of all those whose anniversary of death falls this week.

### Father Matthew Cashmore

father@slsj.co.uk

07555 924862

### Churchwardens

[SL] Mr David Dunn - david@slsj.co.uk

[SJ] Elizabeth Brooks - elizabethbrookso86@gmail.com

### Associate Clergy

Fr Christopher Robins, Fr Robin Eastoe SSC

Fr Alan White and Deacon David Rogers