

5TH SUNDAY IN ORDINARY TIME

ENTRANCE ANTIPHON

O come, let us worship God
and bow low before the God
who made us, for he is the
Lord our God.

COLLECT

Keep your family safe, O
Lord, with unfailing care,
that, relying solely on the
hope of heavenly grace,
they may be defended
always by your protection.
Through our Lord Jesus
Christ, your Son, who lives
and reigns with you in the
unity of the Holy Spirit,
One God, for ever and ever.
Amen.

FIRST READING

Isaiah 58:6-10

Thus says the Lord:
Is not this the fast that I
choose: to loose the bonds
of wickedness, to undo the
straps of the yoke, to let the
oppressed go free, and to
break every yoke? Is it not to
share your bread with the
hungry and bring the
homeless poor into your
house; when you see the
naked, to cover him,
and not to hide yourself
from your own flesh?
Then shall your light break
forth like the dawn,
and your healing shall
spring up speedily;

your righteousness shall go
before you; the glory of the
Lord shall be your
rearguard.

Then you shall call, and the
Lord will answer; you shall
cry, and he will say, 'Here I
am.' If you take away the
yoke from your midst, the
pointing of the finger, and
speaking wickedness, if you
pour yourself out for the
hungry and satisfy the desire
of the afflicted, then shall
your light rise in the
darkness and your gloom be
as the noonday.

PSALM

*Ps 112(111):4-5. 6-7. 8a, 9.
R 4a*

**R A light rises in the
darkness for the
upright.**

A light rises in the darkness
for the upright; he is
generous, merciful, and
righteous. It goes well for the
man who deals generously
and lends, who conducts his
affairs with justice. **R**

He will never be moved;
for ever shall the upright be
remembered. He has no fear
of evil news; with a firm
heart, he trusts in the Lord.
R

With a steadfast heart he
will not fear. Open-handed,
he gives to the poor; his
justice stands firm for ever.
His might shall be exalted in
glory. **R**

SECOND READING

1 Corinthians 2:1-5

I, when I came to you,
brothers and sisters, did not
come proclaiming to you the
testimony of God with lofty
speech or wisdom. For I
decided to know nothing
among you except Jesus
Christ and him crucified.
And I was with you in
weakness and in fear and
much trembling, and my
speech and my message
were not in plausible words
of wisdom, but in
demonstration of the Spirit
and of power, so that your
faith might not rest in the
wisdom of men but in the
power of God.



GOSPEL ACCLAMATION

Alleluia, alleluia...

I am the light of the world, says the Lord; whoever follows me will have the light of life.

Alleluia...

GOSPEL

Matthew 5:13-16

At that time: Jesus said to his disciples, 'You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.

'You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'

COMMUNION ANTIPHON

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

PRAYER AFTER COMMUNION

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord. **Amen**

REFLECTION

For men of God are assuredly the salt of the earth: they preserve the order of the world; and society is held together as long as the salt is uncorrupted: for "if the salt have lost its savour, it is neither fit for the land nor for the dunghill; but it shall be cast out, and trodden under foot of men. He that hath ears, let him hear" the meaning of these words. When God gives to the tempter permission to persecute us, then we suffer persecution; and when God wishes us to be free from suffering, even in the midst of a world that hates us, we enjoy a wonderful peace,

trusting in the protection of Him who said, "Be of good cheer, I have overcome the world." And truly He has overcome the world. Wherefore the world prevails only so long as it is the pleasure of Him who received from the Father power to overcome the world; and from His victory we take courage. Should He even wish us again to contend and struggle for our religion, let the enemy come against us, and we will say to them, "I can do all things, through Christ Jesus our Lord, which strengtheneth me."

*Origen.
Origen Against Celsus.
Book VIII
Chapter LXX*

