

## 5TH SUNDAY IN ORDINARY TIME

### ENTRANCE ANTIphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

### COLLECT

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, One God, for ever and ever.

**Amen.**

### FIRST READING

*Isaiah 58:6-10*

Thus says the Lord: Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? Then shall your light break forth like the dawn, and your healing shall spring up speedily;

your righteousness shall go before you; the glory of the Lord shall be your rearguard.

Then you shall call, and the Lord will answer; you shall cry, and he will say, 'Here I am.' If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

### PSALM

*Ps 112(111):4-5. 6-7. 8a, 9.*

¶ 4a

¶ **A light rises in the darkness for the upright.**

A light rises in the darkness for the upright; he is generous, merciful, and righteous. It goes well for the man who deals generously and lends, who conducts his affairs with justice. ¶

He will never be moved; for ever shall the upright be remembered. He has no fear of evil news; with a firm heart, he trusts in the Lord. ¶

With a steadfast heart he will not fear. Open-handed, he gives to the poor; his justice stands firm for ever. His might shall be exalted in glory. ¶

### SECOND READING

*1 Corinthians 2:1-5*

I, when I came to you, brothers and sisters, did not come proclaiming to you the testimony of God with lofty speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I was with you in weakness and in fear and much trembling, and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, so that your faith might not rest in the wisdom of men but in the power of God.



## GOSPEL ACCLAMATION

**Alleluia, alleluia...**

I am the light of the world, says the Lord; whoever follows me will have the light of life.

**Alleluia...**

## GOSPEL

*Matthew 5:13-16*

At that time: Jesus said to his disciples, ‘You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people’s feet.

‘You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.’

## COMMUNION ANTIphon

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

## PRAYER AFTER COMMUNION

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord. **Amen**

## REFLECTION

For men of God are assuredly the salt of the earth: they preserve the order of the world; and society is held together as long as the salt is uncorrupted: for “if the salt have lost its savour, it is neither fit for the land nor for the dunghill; but it shall be cast out, and trodden under foot of men. He that hath ears, let him hear” the meaning of these words. When God gives to the tempter permission to persecute us, then we suffer persecution; and when God wishes us to be free from suffering, even in the midst of a world that hates us, we enjoy a wonderful peace,

trusting in the protection of Him who said, “Be of good cheer, I have overcome the world.” And truly He has overcome the world. Wherefore the world prevails only so long as it is the pleasure of Him who received from the Father power to overcome the world; and from His victory we take courage. Should He even wish us again to contend and struggle for our religion, let the enemy come against us, and we will say to them, “I can do all things, through Christ Jesus our Lord, which strengtheneth me.”

*Origen.  
Origen Against Celsus.  
Book VIII  
Chapter LXX*

